



# Ultimate Kickboxing for Women

www.ukbkickboxing.com

## Class Schedule

905-565-6852

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:15 am Womens Kickboxing		10:15 am Womens Kickboxing		10:15 am Womens Kickboxing	10:15 am Womens Kickboxing
12:00 pm Womens Kickboxing		12:00 pm Womens Kickboxing		12:00 pm Womens Kickboxing	11:30 am Co-Ed Kickboxing
6:00 pm Womens Kickboxing	6:00 pm Womens Kickboxing	6:00 pm Womens Kickboxing	6:00 pm Womens Kickboxing	6:00 pm Womens Kickboxing	
7:00 pm Co-Ed Kickboxing	7:00 pm Womens Kickboxing	7:00 pm Co-Ed Kickboxing	7:00 pm Womens Kickboxing	7:00 pm Co-Ed Kickboxing	
8:00 pm Co-Ed Boxing	8:00 pm Co-Ed Kickboxing	8:00 pm Co-Ed Kickboxing	8:00 pm Co-Ed Kickboxing	8:00 pm Co-Ed Boxing	

Monday - Friday: 5:30 pm - 9:30 pm

Monday, Wednesday, Friday: 10 am - 1 pm

Saturday: 10 am - 1 pm