

UKB Toronto-Dufferin

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	*6:45am Women's Only Kickboxing (By Reservation on the Remind App Only)			*6:45am Women's Only Kickboxing (By Reservation on the Remind App Only)	9:30am INTERMEDIATE LEVEL ONLY	9:30 am Women's Only Kickboxing
10:00 am Women's Only Kickboxing	10:00am Women's Only Kickboxing	10:00 am Women's Only Kickboxing	10:00 am Women's Only Kickboxing	10:00 am Women's Only Kickboxing	10:30 am Women's Only Kickboxing	
11:30 am Women's Only Kickboxing	11:30 am Women's Only Kickboxing	11:30 am Women's Only Kickboxing	11:30 am Women's Only Kickboxing	11:30 am Women's Only Kickboxing	11:45 am Women's Only Kickboxing	
	1:00 pm Women's Only Kickboxing		1:00 pm Women's Only Kickboxing		<p>UKB TORONTO DUFFERIN 3117 Dufferin Street Toronto, ON M6A 2S9</p> <p>Phone: (416) 782 – 7676 Web: ukbwomen.com tracey@team-ultimate.ca</p> <p>Join our REMIND APP!</p> <p>Receive messages via text about important updates and reminders. Download the Remind App on Google Play/App Store</p> <p>Join Class Code: @coachtoron</p>  <p>Opt out of messages by replying 'unsubscribe @coachtoron'</p> <p>*6:45am classes must be booked by 8:00pm the night before. Any reservations booked after 8:00pm will not be accepted.</p>	
4:15 pm Women's Only Kickboxing		4:15 pm Women's Only Kickboxing	4:15 pm Women's Only Kickboxing			
5:45 pm Women's Only Kickboxing	5:45 pm OPEN FLOOR	5:45 pm Women's Only Kickboxing	5:45 pm Women's Only Kickboxing			
7:00 pm Women's Only Kickboxing	7:00 pm Women's Only Kickboxing	7:00 pm Women's Only Kickboxing	7:00 pm Women's Only Kickboxing	6:00 pm Women's Only Kickboxing		
8:15 pm INTERMEDIATE LEVEL ONLY	8:15 pm Women's Only Kickboxing	8:15 pm Women's Only Kickboxing	8:15 pm Women's Only Kickboxing			

GET YOUR FREE CLASS PASS

**BURN 800 CALORIES OR MORE IN AN HOUR!
CONTACT US TO RESERVE YOUR SPOT TODAY!
EARN FREE MONTHS FOR REFERRALS!**